

## Single Note Essential Oils for Cardiovascular System Issues

	Broken Capillaries	Circulation, Poor	Edema	Heart Palpitations	Hypertension (High blood pressure)	Hypotension (Low blood pressure)	Varicose Veins
Bergamot					X		
Black Pepper		X					
Carrot Seed			X				
Cinnamon Bark		X					
Clary Sage				X			
Clove Bud		X					
Cypress	X		X				X
Eucalyptus radiata		X					
Eucalyptus globulus		X					
Geranium	X		X				X
German Chamomile	X						
Ginger		X				X	
Grapefruit rose oil			X				
Helichrysum	X						
Juniper Berry			X				X
Lavender				X	X		
Lemon (Steam Dist.)		X	X			X	X
Lime (Steam Dist.)			X				
Mandarin			X				
Melissa				X	X		
Neroli				X	X		
Nutmeg		X					
Ponderosa Pine		X					
Roman Chamomile					X		
Rosemary		X				X	
Rose Otto	X			X			
Spikenard				X	X		
Sweet Marjoram		X			X		
Tangerine			X				
Ylang Ylang				X	X		