

Essential Oils for Diffusing

		Anti-Anxiety & Anti-Depressant	Anti-Fungal	Bug Repellant	Calms Soothes Balances Nervous System	Chest & Sinus Congestion	Deodorizing/ Removes Unpleasant Odors	Immuno-System Stimulant	Insomnia Relief / Sedative	Kills Airborne Bacteria & Viruses	Mental Focus	Refreshing/Energetic
Balsam Fir						X	X					
Benchmark Thyme		X	X		X			X		X		
Bergamot		X										
Black Spruce		X				X	X	X				
Cedarwood				X								
Cinnamon Bark		X	X				X	X		X		
Clary Sage					X							
Clove Bud		X	X					X		X		
Eucalyptus Dives			X			X				X	X	
Eucalyptus Globulus			X			X				X		X
Eucalyptus Radiata			X			X				X		X
Frankincense	X	X			X			X	X			
Grapefruit rose oil							X				X	X
Juniper Berry		X					X	X				X
Lavender					X		X		X			
Lemon (Steam Dist.)		X	X				X	X		X	X	X
Lemongrass		X	X	X	X		X			X	X	X
Lemon Myrtle		X	X				X	X		X	X	X
Lime (Steam Dist.)		X			X		X			X		X
Mandarin	X	X			X	X	X			X		X
Niaouli	X	X	X			X		X		X		

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Orange	Allergies	X			X		X			X		X
Peppermint				X	X	X	X	X		X	X	X
Ponderosa Pine		X	X			X	X			X	X	X
Ravintsara	X	X				X		X		X		
Saro	X	X				X		X		X		
Spearmint		X			X		X					
Spike Lavender						X	X	X		X		
Tangerine		X			X		X	X		X		X
Tea Tree			X	X		X	X	X		X		
White Fir	X	X	X		X	X	X					