

## Essential Oils to Support the Immune System

	Adrenal Support	Allergies	Candida Albicans	Chronic Fatigue Syndrome	Fever Reducer	Immuno-Support Oils	Inflammation (Aches & Pains)	Infections: Bacterial	Infections: Fungal	Infections: Viral
Balsam Fir	X						X			
Basil				X				X	XX	X
Bay Laurel								XX		XX
Benchmark Thyme						X	X			
Bergamot			X			X		X	XX	XX
Black Pepper						X		X	X	X
Black Spruce	X					X				
Cinnamon Bark					X	X	X	X	XX	X
Clary Sage	X							X		
Clove Bud							X	XX	XX	X
Eucalyptus Globulus					X	X		XX	XX	XX
Eucalyptus Radiata					X	X		XX	XX	XX
Frankincense		X				X	X	X	X	
Geranium	X			X			X	XX	XX	XX
German Chamomile		X	X		X		X	X	X	X
Ginger							X	X		
Green Myrtle			X		X			XX		
Helichrysum		X					X	XX	X	
Juniper Berry						X		X		XX

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Lavender		X	X	X	X	X	X	XX	X	XX
Lemon (Steam Dist.)				X	X	X		XX	X	X
Lemongrass			X		X	X		XX	XX	XX
Lemon Myrtle			X				X	XX	X	X
Melissa			X				X	X	XX	XX
Myrrh			X				X	XX	XX	X
Niaouli		X			X	X		X		
Nutmeg							X			
Orange				X		X		XX		X
Patchouli					X			X	X	
Peppermint					X	X		XX	XX	X
Ponderosa Pine							X			
Ravintsara		X				X	X	XX		X
Rock Rose						X				
Roman Chamomile		X			X			X	X	X
Rosemary	X		X	X		X		X		XX
Sandalwood				X	X	X	X	X	X	X
Saro		X				X	X	XX		
Spike Lavender						X	X			

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Sweet Marjoram								XX	X	X
Tea Tree			X			X		XX	XX	XX
Thyme ct Linalol						X	X	XX	XX	XX
White Fir		X			X		X			
White Spruce					X		X			
Ylang-Ylang					X		X	X	X	