

Single Note Essential Oils for Women's Hormonal Issues

	Amenorrhoea (Absence of Menstrual Period)	Dysmenorrhoea (Painful Period)	Endometriosis	Menopause	Pre-Menstrual Tension (Emotional Support)	Vaginal Candidiasis	Breast Cancer - Studies Indicate Inhibits Breast Cancer Cells
Balsam Fir							X
Bergamot				X	X	X	
Carrot Seed	X				X		
Clary Sage	X	X	X	X	X		
Cypress	X	X	X	X			
Frankincense							X
Geranium	X	X	X	X	X		
German Chamomile	X	X		X	X	X	
Juniper Berry				X	X		
Lavender	X	X		X	X	X	
Myrrh						X	
Neroli				X	X		
Nutmeg			X				
Peppermint	X	X					
Roman Chamomile	X	X	X	X	X		
Rosemary	X	X			X		
Rose Otto	X	X	X	X	X		

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Sandalwood					X		X
Sweet Marjoram	X	X			X		
Tea Tree						X	
Ylang Ylang				X	X		