## Herbal Infused Oils Chart

Infusion	Healing Properties
Arnica	<ul> <li>Sports injuries, sprains, sore muscles, swelling, bruising, and inflammation</li> </ul>
Calendula	<ul> <li>Cherished for its mildness</li> <li>Preferred for treating dry and chapped skin, skin rash, wounds, burns, inflammation, skin irritation and skin disorders</li> <li>Keeps breast tissues healthy</li> </ul>
Dandelion	<ul> <li>Remedy for painful, swollen joints, as a healthy breast massage oil, and as an all-around gentle and soothing massage oil.</li> <li>Highly praised by those doing therapeutic breast massage</li> </ul>
Red Clover	<ul> <li>Remarkable skin softener</li> <li>It melts away lumps, counters cancer, and helps the lymph system reabsorb unneeded cells</li> <li>Treats skin conditions</li> </ul>
St. John's Wort	<ul> <li>Potent anti-viral – the oil is an anti-inflammatory and used topically for mild burns, bruises, hemorrhoids, varicose veins, wounds, sores, and ulcers.</li> <li>Has been known to cure wounds for centuries</li> <li>Recommended for nerve pain such as neuralgia, carpal tunnel, tennis elbow, sciatica, and rheumatic pain.</li> </ul>
Trauma Oil	<ul> <li>Anti-inflammatory &amp; pain relieving</li> <li>Contains the three herbal infused oils of St. John's Wort, Calendula, and Arnica working in synergy.</li> <li>Great for healing bruises, for soothing sore and achy muscles and for nerve pain such as sciatica.</li> </ul>
Yarrow	<ul> <li>Effective in the treatment of wounds</li> <li>Traditionally used to treat fevers, colds, winter illnesses and assists the healing of inflammation, circulation, and muscle aches; specifically for cuts, bruises, blood blisters, scrapes and deep wounds (even to the bone).</li> </ul>